

**Kingsbury Family Chiropractic
Dr. Zoran Zivkovic**

Welcome to Our Clinic

How would you like to be addressed? _____

Confidential Case History – General Information

Name _____ Date _____

Address _____ City _____ Postal Code _____

Home Phone _____ Cell Phone _____ Work Phone _____

E-mail _____

Occupation _____ Employed by _____

Date of Birth ____/____/____(dd/mm/yyyy) Age ____ Sex M F

Marital Status Single Married Divorced Widowed Spouse/Partner Name _____

Children? Y N Names/Ages _____

Medical Doctor _____ Extended Coverage Y N

For Females only: Are you pregnant yes no not sure Date of last Menstruation: _____

Health History

Your main complaint _____

Secondary complaint _____

When did this start? _____ in the last month: Better/Worse/Same

Have you suffered with this before? Y N If yes, when? _____

If you have pain, please describe: (please circle)

Sharp / Radiating / Stabbing / Throbbing / Aching / Other _____ Is it Constant /Frequent /Occasional

On a scale of 1 to 10 (with 10 being the worst) How would you rate your pain? _____

Do you experience numbness/tingling in your: Hands/fingers/feet/toes? (circle)

How does this problem interfere with work, family, hobbies, life? _____

What do you do that makes this problem worse? _____

What gives some relief? _____

On a scale of 1 to 10 with 10 being the most; how committed are you to helping us solve this problem _____

Have you ever suffered from any of the following?

	Y	N		Y	N		Y	N		Y	N
Thyroid	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Emotional Problems	<input type="checkbox"/>	<input type="checkbox"/>	Psoriasis	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	Polio	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Venereal Disease	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	Ulcers	<input type="checkbox"/>	<input type="checkbox"/>	Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	HIV	<input type="checkbox"/>	<input type="checkbox"/>

Office Use Only: _____

Referral Source: _____ MVA _____ WSIB _____ Date of Injury _____

Previous Chiropractic Care: _____ Y _____ N _____

Please list any significant illness, operations, accidents, falls:

Date:	Occurrence
1	
2	
3	
4	

Please check any of the following symptoms if you have experienced them in the last 3 months:

C1-C3

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> headaches and migraine like pain | <input type="checkbox"/> neck/scalp tension | <input type="checkbox"/> pressure/pain behind eyes | <input type="checkbox"/> blurring of vision |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> light headedness | <input type="checkbox"/> low/high blood pressure | <input type="checkbox"/> facial pain |
| <input type="checkbox"/> ringing in ears | <input type="checkbox"/> problems with memory | <input type="checkbox"/> jaw pain | <input type="checkbox"/> ear pain |
| <input type="checkbox"/> reoccurring sore throat | <input type="checkbox"/> sleep issues | <input type="checkbox"/> depression | <input type="checkbox"/> irritability |
| <input type="checkbox"/> nasal congestion | <input type="checkbox"/> sinus trouble | <input type="checkbox"/> loss of co-ordination | <input type="checkbox"/> disorientation |
| <input type="checkbox"/> symptoms of dyslexia | <input type="checkbox"/> generalized fatigue | <input type="checkbox"/> childhood fevers | <input type="checkbox"/> insomnia |
| <input type="checkbox"/> vertebral artery insufficiency | <input type="checkbox"/> loss of concentration | <input type="checkbox"/> allergies/hay fever | <input type="checkbox"/> fainting |

C4-C7

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> pain/stiffness in neck | <input type="checkbox"/> shoulder, arm or hand pain | <input type="checkbox"/> tennis elbow-like pain | <input type="checkbox"/> hand/finger swelling |
| <input type="checkbox"/> numbness/tingling in hands/fingers | <input type="checkbox"/> bursitis in shoulder | <input type="checkbox"/> difficulty swallowing | <input type="checkbox"/> whiplash |
| <input type="checkbox"/> wasting of arm & shoulder muscles | <input type="checkbox"/> twinges of pain | <input type="checkbox"/> nervousness | <input type="checkbox"/> neck tension |
| <input type="checkbox"/> reduced neck/shoulder movement | <input type="checkbox"/> chest pain | <input type="checkbox"/> cold hands | <input type="checkbox"/> thyroid problems |
| <input type="checkbox"/> loss of power and grip strength | <input type="checkbox"/> poor circulation in the arms | <input type="checkbox"/> speech difficulties | <input type="checkbox"/> hormonal imbalances |

T1-T3

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> rapid or slow heart beat | <input type="checkbox"/> chest pain/pressure | <input type="checkbox"/> difficult breathing | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> asthma & like conditions | <input type="checkbox"/> heart arrhythmias | <input type="checkbox"/> angina-like pain | |
| <input type="checkbox"/> functional heart conditions | <input type="checkbox"/> rib pain | <input type="checkbox"/> recurring upper respiratory tract infections | |
| <input type="checkbox"/> pain between shoulder blades | <input type="checkbox"/> bronchitis/respiratory difficulties | | |

T4-T9

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> pain between shoulder blades | <input type="checkbox"/> chest pain & pain in ribs | <input type="checkbox"/> liver & gall bladder trouble | <input type="checkbox"/> ulcers |
| <input type="checkbox"/> jaundice is infant | <input type="checkbox"/> stomach trouble | <input type="checkbox"/> chronic indigestion | <input type="checkbox"/> dyspepsia |
| <input type="checkbox"/> heartburn | <input type="checkbox"/> abdominal bleeding | <input type="checkbox"/> pancreas malfunction | <input type="checkbox"/> hypoglycaemia |
| <input type="checkbox"/> acne & other skin disturbances | <input type="checkbox"/> abdominal pain | <input type="checkbox"/> allergies | <input type="checkbox"/> gastritis |
| <input type="checkbox"/> trouble digesting certain foods | <input type="checkbox"/> abdominal bloating | <input type="checkbox"/> sweet tooth cravings | |

T10-L1

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> urinary problems | <input type="checkbox"/> constipation | <input type="checkbox"/> ulcerative intestinal conditions | <input type="checkbox"/> spastic colon |
| <input type="checkbox"/> lazy colon | <input type="checkbox"/> adrenal trouble | <input type="checkbox"/> appendicitis-like pain | <input type="checkbox"/> diarrhea |
| <input type="checkbox"/> abdominal bloating & pain | <input type="checkbox"/> gas pains | <input type="checkbox"/> frequent sighing | <input type="checkbox"/> fluid retention |
| <input type="checkbox"/> allergies | <input type="checkbox"/> mid-back pain | <input type="checkbox"/> anxiety/depression | <input type="checkbox"/> fatigue |

L2-L5

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> low back pain | <input type="checkbox"/> groin pains | <input type="checkbox"/> cramping | <input type="checkbox"/> hemorrhoid pain |
| <input type="checkbox"/> poor circulation in legs | <input type="checkbox"/> leg pains | <input type="checkbox"/> childhood "growing pains" | <input type="checkbox"/> gas pain |
| <input type="checkbox"/> constipation | <input type="checkbox"/> impotence | <input type="checkbox"/> numbness in legs & feet | <input type="checkbox"/> infertility |
| <input type="checkbox"/> bed wetting in children | <input type="checkbox"/> abdominal cramps | <input type="checkbox"/> fatigue when standing | <input type="checkbox"/> cold feet |
| <input type="checkbox"/> menstrual cramps | <input type="checkbox"/> sciatica | <input type="checkbox"/> leg & ankle swelling | <input type="checkbox"/> varicose veins |
| <input type="checkbox"/> urinary difficulties | <input type="checkbox"/> knee pains | <input type="checkbox"/> leg weakness & fatigue | <input type="checkbox"/> weakness in legs |
| <input type="checkbox"/> spinal curvature scoliosis | <input type="checkbox"/> too frequent urination | | |
| <input type="checkbox"/> ulcerative bowel conditions | <input type="checkbox"/> bladder & prostate problems | | |

Please list your medications: _____

INFORMED CONSENT TO ADJUSTMENTS, CARE, RADIOLOGY

Physician, Chiropractors, Osteopaths and Physiotherapists are required to advise patients of benefits and risks including sprain/strain, rib fracture, disc herniation and with neck problems of the following: There have been very rare incidents of injury to the vertebral artery during the course of treatment. This has caused strokes or stroke like occurrences, which are usually of a temporary nature. The chances of this happening are less than one in ten million. Tests, with or without x-rays are performed on you to minimize these risks to yourself. Chiropractic is considered to be one of the safest and most effective forms of therapy for neck conditions.

If you have any questions about this, please ask your chiropractor.

If you read the above statement and consent to treatment.

Signed _____ Date _____

Your family's health potential is our passion.

